

16th June, 2018

## WEEKEND AT A GLANCE

**HEALTH & FITNESS EXPO:** 

**FRIDAY, JUNE 15** 9:00 AM – 9:00 PM

**CINTERMEX – "F" ROOM** Av. Fundidora 501, Col. Obrera, Monterrey, N.L., 64010

RACE DAY: SATURDAY, JUNE 16

HALF MARATHON & 10K START TIME (FIRST WAVE): 7:00 PM

#### LOCATION:

BBVA Stadium parking lot #4 Av. Pablo Livas 2011, Col. La Pastora, Guadalupe, N.L., Mexico.

#### HALF MARATHON & 10K FINISH LINE: BBVA STADIUM PARKING LOT #4

FINISH LINE FESTIVAL: Stadium parking gates opens: 5:00 PM – 12:00 AM

HEADLINE BANDS: AMIGOS INVISIBLES – EL GRAN SILENCIO: 8:00 - 10:30 PM\*

AWARDS CEREMONY: Half Marathon overall awards ceremony (Top 3 Male & Female): 8:40 PM – 9:00 PM\*

#### There is no overall awards for 10K race.

**10K age group awards ceremony:** (Top 3 Male & Female) 9:15 PM – 9:30 PM\*

# Half Marathon age group awards ceremony:

(Top 3 Male & Female) 10:30 PM – 10:45 PM\*

\*All times subject to change



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#### FINISH LINE FESTIVAL TICKETS:

1. - Headline Concert admission is for runners only, each runner will receive two additional tickets to be used for friends or family.

2. - If you wish to have extra tickets for the finish festival, please come to the Concert Booth at the Expo to request them.

Limit: 2 extra tickets per runner. 3. - The number of attendees (companions) is subject to the capacity limit of the venue. 4. - If an athlete is caught using the tickets improperly he/she will loose the right to participate in the event or be DQF.

#### **HEALTH & FITNESS EXPO**

Pick up your registration packet: bib number, timing tag, gear check bag, and tee shirt at the Expo. Official race merchandise is available at the Souvenir Store and a variety of exhibitors will display and sell running apparel, footwear, and health & fitness products.

#### **RACE PACKET PICKUP:**

Follow these steps to pick up your packet at the Expo: 1. Print out your Confirmation Sheet: http://www.runrocknroll.com/mont errey/en/the-races/confirm-entry/ 2. Bring Confirmation Sheet & Photo I.D. to the Expo. 3. Complete the Medical Information on the back of your race number.

#### YOU MUST PICK UP YOUR OWN RACE PACKET AND RACE NUMBER AT THE EXPO PRIOR TO THE RACE. NO EXCEPTIONS.

#### PACE TEAM (21K ONLY):

We have partnered with a local running team to provide official pace leaders.

Pace teams are FREE and open to all participants.

Visit the PACERS booth at the expo to join and receive your pace team bib!

21K times offered: 1:45, 1:50, 1:55, 2:00, 2:05, 2:10, 2:15 and 2:20



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#### **GETTING TO THE EXPO**

#### **EXPO PARKING:**

CINTERMEX parking lot is within walking distance of the expo, parking fee apply. We recommend that you carpool or use public transportation, Uber or taxi.

#### **GETTING TO THE START LINE**

#### **VERY IMPORTANT:**

The BBVA stadium parking lots opens from 5:00 to 6:30 PM and will remain CLOSED once the race starts and will re open until the last runner gets to KM 20 approximately at 10:30 PM.

We strongly suggest to those who rather leave before 11:30 PM to use the Sam's parking lot which is 500 meter from the stadium.

THE BEST AND EASY WAY TO GET TO THIS AREA IS UBER, TAXI OR WALK.

#### **START LINE**

You will find gear check, portable toilets, and Information booth and the solutions tent at the start line.

Plan to arrive AT LEAST one and a half hours before the race start time AND plan ahead for heavy traffic!

#### **START CORRALS**

Your race number and corral will be assigned based on your expected finish time – the faster your time, the closer your corral will be to the start line. Runners can enter the corrals at 6:35 pm.

#### **CORRAL CHANGES**

If you believe you have been assigned the wrong corral, bring your race number to the Corral Change desk at the Expo.

You MUST show proof of performance from other race.

There are no corral changes on race day.

#### **WAVE START**

We will be utilizing wave starts. This will enable a comfortable starting position for runners of all paces.

When the gun fires, the first corral will be released and the rest of the participants will be held at the start line.

Every 2 minutes the next corral will be released.



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#### GEAR CHECK 5:00 pm -11:00 pm

The bag that you pick up at the Expo is your gear check bag. Affix your gear check tag (on your race number) to your gear bag before you leave it at the Gear Check tent. Bags will be placed according to participant BIB NUMBER to be picked up after the race. Please retrieve all bags by 11:00 pm. DO NOT leave valuables, cash or jewelry in your bag. The event is NOT responsible for lost or

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## ON COURSE

#### ENTERTAINMENT

Bands on the run: National and local bands will be stationed along the course to keep your spirits high and your legs moving. Leave your music at home and get ready to rock! Refer to COURSE MAP for bands location along the course.

#### **COURSE SUPPORT**

There will be eight aid stations along the half marathon course (see map for locations). Gatorade and Epura water will be served at alternating stations beginning with the second station.

**GEL** will be at station 4 (Mile 6.2 / KM 10 of the Half Marathon course).

**Epura water:** Is served in plastic sealed bags.

**Gatorade:** Is served in cups. Lemon-Lime and Orange regular formula.

#### **PORTO POTTIES**

Portable toilets will be located at every aid station.

#### MEDICAL

There will be medical stations on course located at every support station. Look for the ambulances if you need assistance.

#### **COURSE TIME LIMIT**

The official 21K course time limit is 3:30 hours (16:00/mile pace) and the 10K course time limit is 1:30 hours. A tail vehicle will follow the last runner at the time limit pace. If at any time a participant drops behind the tail vehicle, he/she will be picked up by the tail vehicle and transported to the back of



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the pack to stay on-pace (if so, the runner will be DQ). A strict time limit will be enforced as roads need to be re-opened to regular traffic.

#### LIVE RESULTS

Your friends and family can follow your performance on race day with Live Results. Visit this website: http://www.runrocknroll.com/finisherzone/2018-monterrey-liveresults/#/tracker

#### FINISH LINE FESTIVAL:

After you exit the secure zone, proceed to the finish line festival to celebrate your achievement, meet up with friends and family and enjoy great music!

YOUR FINISHER TEE SHIRT WILL BE WAITING FOR YOU INSIDE THE SECURE ZONE AREA TOO, DO NOT FORGET TO GET YOURS, YOU DESERVE IT!

#### FAMILY REUNION

Placed on the grass will be two tall structures with a distinctive letter (A and B). Pick a letter before the race and make this the meeting point with friends and family.

#### WHAT'S NEXT?!

#### **AWARDS & RESULTS**

Age group awards will be presented 3-deep in all age divisions for both male and female categories of 21K and 10K races.

Overall awards (only 21K), will be presented 3-deep for both male and female.

In accordance with FMAA Rules, elite and age group awards will be determined by official time, "gun time."

Official race results will be posted by 12 pm (PST) the day after race day, Sunday, June 17 on runrocknroll.com There will not be prize money for any distance or category / age group.

#### DOWNLOADABLE FINISHER CERTIFICATES

Your photos and FREE finisher certificate will be available online 48 hours after the race at: runrocknroll.com

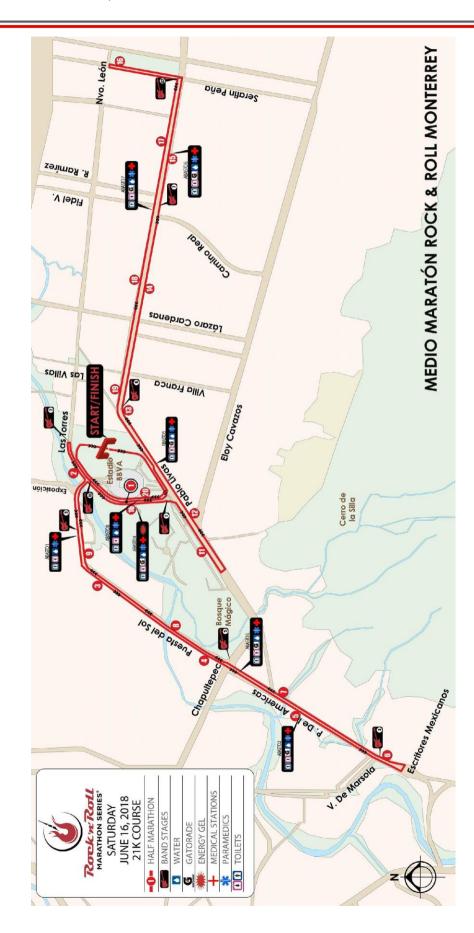
Finisher certificates are NOT mailed.

FINISHER PIX will photograph you multiple times before, during and after the race. Smile when you see the photographers. View and order your photos at finisherpix.com





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